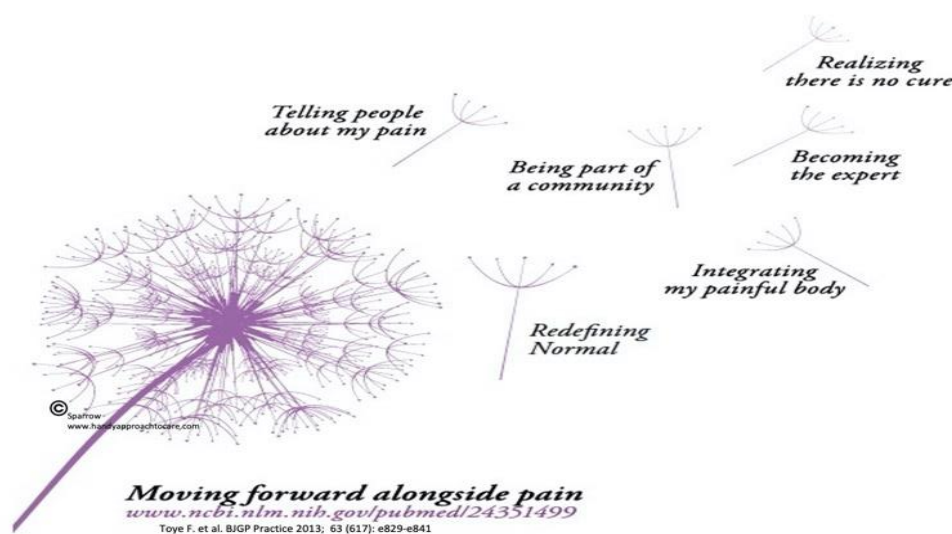


HEALTH EQUITY RESTORING HOPE FESTIVAL & CELEBRATION

RCGP NEL FACULTY, NHS EAST LONDON HEALTH & CARE PARTNERS, NHS NORTH LONDON PARTNERS, QMUL 22-24 FEBRUARY 2021

Resourceful People, Strong Communities, Resilient Systems, Fairer Environments



SUMMARY

Race(ism) and place determine health outcomes in the RCGP NEL Faculty, and our area has been disproportionately affected by Covid-19 with an exacerbation in inequalities experienced more profoundly by women. There has been emotional and physical fatigue and distress amongst those providing care since the onset of the pandemic a year ago in March 2020.

Against this backdrop the RCGP NEL Faculty initiated in June 2020 and facilitated a leadership group for Health Equity across NCL and NEL. On 11 January 2021 there was agreement in this GP Health Equity Leadership Group to host an event to share stories to restore hope and showcase our community as medicine for our patients and for us.

This was to be facilitated by the RCGP NEL Faculty with NHS Partners East London Health & Care Partners, North London Partners, QMUL. Our NHS Partners agreed to fund this event and Bromley by Bow (BBB) Centre provided the administration for the event. The event was held virtually and recorded over three evenings from 22 – 24 February 2021. The RCGP NEL Co-Honorary Secretaries Shani Bhaskaran and Sally Smith and Provost Liliana Risi facilitated planning and hosting of the event. Tribute was paid to the 14,000 thousand residents in London and the Health and care workers who have who have died since the onset of the pandemic, many of whom have come from Black, Asian and Minority Ethnic communities. Music, poetry and art from [QMUL Flourishing through Creative Enquiry](#) and others, filled the space throughout the event. Stories were told by patients, GPs, Social prescribers/ link workers, Public health colleagues, medical students and community organisers. Themes covered fuel poverty in Islington, Voluntary Community Sector enhanced partnership working and social determinants of health in Newham, a trauma informed approach in Hackney, a patient led group for chronic pain in Tower Hamlets, Communities Driving Change and a socially accountable Medical School. See Appendix1 for the programme details.

There was an overwhelming response, despite minimal lead in time for our Health Equity Restoring Hope Festival & Celebration. Overall, 241 attendees registered on Eventbrite: 41% GP, 3% Doctor (unspecified); 6% Social Prescriber Link workers; 5% Students; 5% Nurses; 2% Practice manager; 39% Other (Academia/Voluntary Sector/Research). One hundred (100) attended Evening 1 (evening rating (4.2/5); Ninety (90) on Evening 2 (evening rating 4.4/5) and 70 on Evening 3. (evening rating 5/5). There was high audience retention through each evening.

Sector leaders were invited to speak using an elevator pitch platform (i.e., speaking for max 5 minutes) on fairer environments, resilient systems, strong communities and resourceful people and these pitches were woven into the programme each day throughout the event. These leaders included: Philippa Cockman, NHSE Deputy Medical Director GP Appraisal London; Naureen Bhatti, HEE Lead GP Training North Central and East London; Jo Sauvage, Chair, North Central London CCG; Katie Coleman, Personalisation lead for NCL Partners; Jagan John NEL CCG Chair and NHSE London Lead Personalised Care Clinical; Anita Berlin, Academic Lead for CBME, Barts and The London School of Medicine and Dentistry, Queen Mary University of London; Sabir Zaman and Kaindon Kugathas Co-Chairs RCGP NEL Faculty.

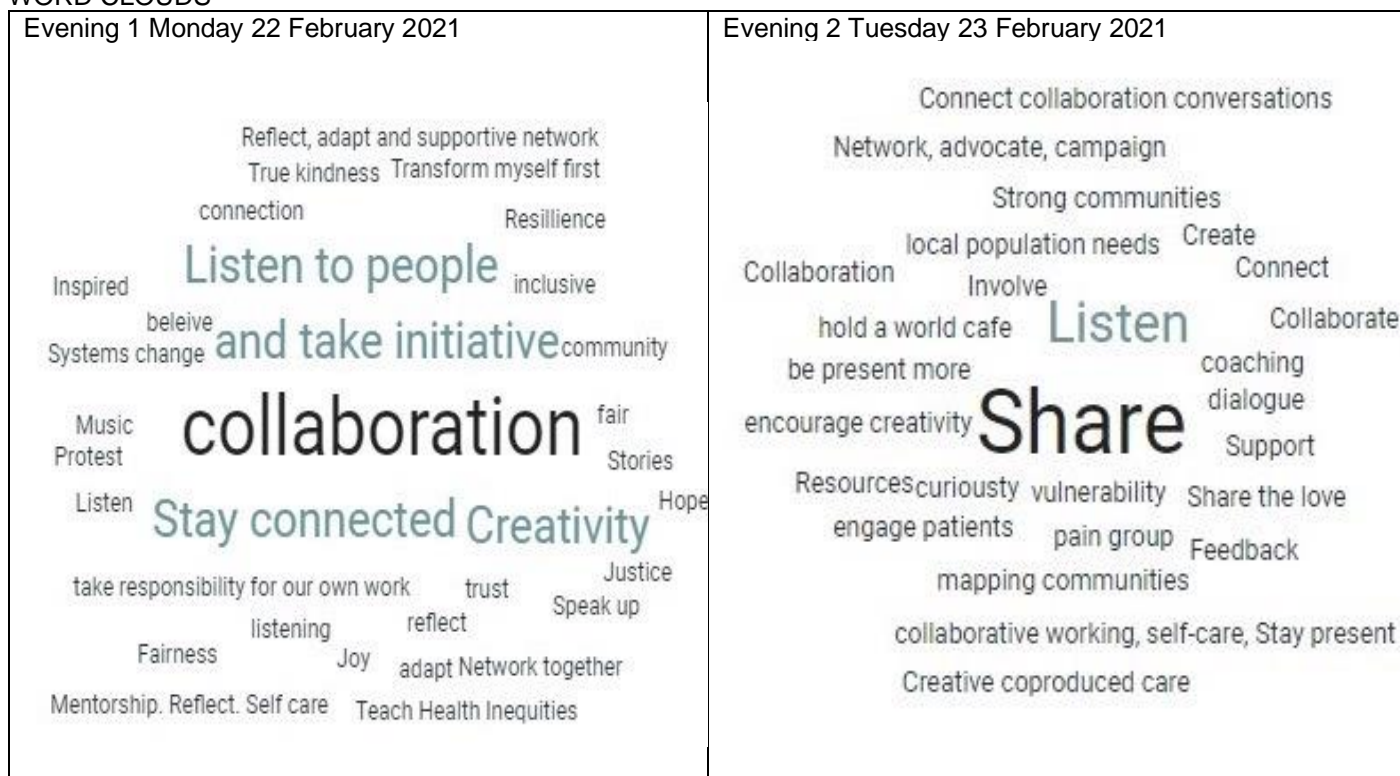
Moving forwards pending funding there are three intentions.

- The first is to make a short film in April June 2021, from the recording of the festival. This is to capture the stories of hope to promote the personalisation agenda both within the NHS, in the RCGP and for teaching at QMUL. April 2020.
- The second is to facilitate a mini conference to showcase models of care that encourage high engagement from clinicians, and which promote close working with social prescribers/link workers with a vision for Climate Health Equity. Examples of such organisations are BBB, the Greener Practice, Wellsbourne Healthcare CIC, and HIYOS West London and at scale Hope Citadel. The Community Interest Contract (CIC) model of managing finances is collaborative and sustainable but many who aspire to this model often do not have the knowledge or support to make the transition to this form of service delivery. This event would also deal with the framework of how to locate and support link workers in practices and would be coproduced in partnership with the same group involved in the Restoring Hope Festival & Celebration. These being the RCGP, QMUL and NHS NCL Partners and ELH&CP in June – July 2020.
- The third is to make a second short film August- September 2021 produced from the recorded event focusing on contractual models which will used for learning amongst partners and for teaching in QMUL.

POST-EVENT MATERIAL TO SHARE

- Festival Day 1 (Monday 22 February 2021)
 - o Recording: <https://youtu.be/7LQJftIM-os>
 - o Slides: <https://www.bbbc.org.uk/wp-content/uploads/2021/03/MASTER-DECK-Festival-day-1.pdf>
- Festival Day 2 (Tuesday 23 February 2021)
 - o Recording: <https://youtu.be/6z1KzUpEsxl>
 - o Slides: <https://www.bbbc.org.uk/wp-content/uploads/2021/03/MASTER-DECK-Festival-day-2.pdf>
- Celebration (Wednesday 24 February 2021)
 - o Recording: https://youtu.be/EH_Wlv3RH2Y
 - o Slides: <https://www.bbbc.org.uk/wp-content/uploads/2021/03/MASTER-DECK-Celebration.pdf>

WORD CLOUDS

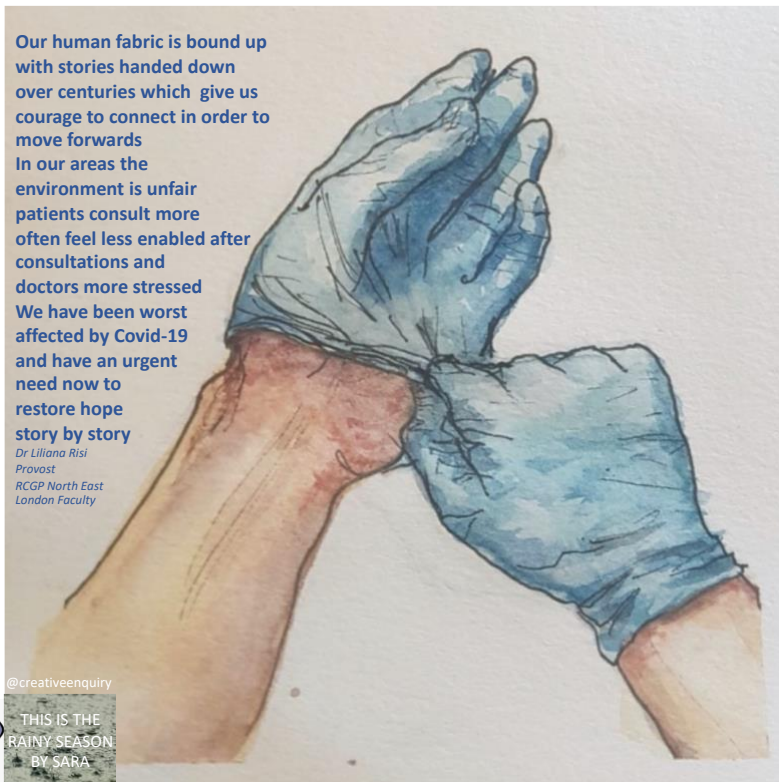


APPENDIX 1



RESTORING HOPE
HEALTH EQUITY
Festival & Celebration
22-24 February 2021

**Resourceful people
Strong communities
Resilient systems
Fairer environments**



Monday 22 February 2021		
19:00 – 19:03	Music – people arrive	DJ
19:03 – 19:10	Welcome address Explain evening and introduce programme: <ul style="list-style-type: none"> • Today as a response to 'patients consult more and feel less enabled after consultations' • Community as medicine - making a difference to patients, to us, to the world • Covid-19 recovery and resilience • To mark the losses in our community and how we move forwards. (slide of RIP and music) 	Sally Smith and Shani Bhaskaran Co- Honorary Secretaries RCGP NEL Faculty
19:10– 19:35	Story of Hope 1 Greener Practice – SHINE Fuel Poverty story and finding connection through sustainable healthcare (20min) SHINE takes referrals from all over London https://shine-london.org.uk/ (Help on your doorstep possibly providing a story https://www.helponyourdoorstep.com/what-we-do#:~:text=Help%20on%20Your%20Doorstep%20aims%20to%20make%20a.and%20working%20in%20partnership%20with%20local%20service%20providers.) Greenerpracticelondon@gmail.com to join and check out https://www.greenerpractice.co.uk/ Encouraging practices to sign up to https://www.greenimpact.org.uk/qiforhealth Cycle sisters https://www.cyclesisters.org.uk/ Q&As (5min) Philippa Cockman (between 19:15 and 19:35)	Tamsin Ellis Philippa Cockman
19:35 – 19:45	Break: Animation – recycling	Harris Nageswaran
19:45 – 19:55	QMUL Med Student - 10min Community diagnosis presentation: Health of Newham	Carl Evans
19:55- 20:20	Story of Hope 2 Newham – VCS enhanced partnership working Q&A (min 5min) Naureen Bhatti (between 20:05-20:20)	Lucy Langford Augusta Adu Phil Veasey Naureen Bhatti
20:20- 20:23	Music	DJ
20:23- 20:25	Ideas' moment Share your idea for moving forward in 3 words – word cloud https://www.sli.do/	Sally Smith and Shani Bhaskaran
20:25 – 20:30	Closing address Gratitude	Sally Smith and Shani Bhaskaran

	<ul style="list-style-type: none"> • Signpost RCGP NEL Faculty for resources and more info will be sent after the event • Slide of photos of hope e.g., Sunflowers in TH maybe screen shot from website • Announce tomorrow's event's topics <p>Music 'Hope there is someone' Antony and the Johnsons https://www.youtube.com/watch?v=avabPY3XgRc</p>	
20:30-21:00	<p>Optional Informal Networking</p> <ul style="list-style-type: none"> - Greener practice – What does this look like? <p>https://us02web.zoom.us/j/85339064448?pwd=TGNKaFMwNFMOs3RDNVpGNDYrT2tCQT09_C</p> <ul style="list-style-type: none"> - Assets in the community – how do we work in partnership? <p>https://us02web.zoom.us/j/88595730134?pwd=M2JsaUZJS2lPdUIURzRFWEpPa1NUZz09</p> <ul style="list-style-type: none"> - General networking and have a chat! <p>https://us02web.zoom.us/j/81377099009?pwd=SVhCUTFiaVhUbnY2Wk5VMDFDOHhSdz09</p>	

Tuesday 23 February 2021		
19:00-19:03	<p>Music – people arrive <i>This is the rainy season' Sara Frouhi</i> Slide Health Equity Hands Music link https://www.creativeenquiry.qmul.ac.uk/?page_id=1190</p>	
19:03 – 19:10	<p>Welcome address Explain evening and introduce program</p> <ul style="list-style-type: none"> • Today as a response to 'patients consult more and feel less enabled after consultations' • Community as medicine - making a difference to patients, to us, to the world • King's fund slide – Covid-19 recovery and resilience • Words cloud from yesterday • To mark the losses in our community and how we move forwards. (slide of RIP) <p><i>Music 'Hope there is someone' Antony and the Johnsons</i> https://www.youtube.com/watch?v=avabPY3XgRc</p>	Sally Smith and Shani Bhaskaran
19:10– 19:35	<p>Story of Hope - conversation Trauma informed care (20min) Q&A (5min) Jo Sauvage (19:20-19:35)</p>	Jonathon Tomlinson Jo Sauvage
19:35 – 19:40	<p>Poetry reading: "Is it just me?"</p>	Kathleen Wenaden
19:40-19:50	<p>QMUL Med Student - 10min Community diagnosis project: Homelessness in Camden presentation</p>	Morgan Roberts
19:50 – 20:00	<p>Randomised coffee break Main room Music – Sam Cooke It's been a long time coming https://www.youtube.com/watch?v=wEBlaMOmKV4</p>	
20:00-20:25	<p>Story of Hope - conversation Pain (20min) Q&A (min 5min) Katie Coleman (20:05-20:20)</p>	Lesley Perkins Anny Ash Katie Coleman
20:25-20:27	<p>Ideas' moment Share 3 words on what action you will take? – word cloud https://www.sli.do/ Or: https://app.sli.do/event/cjtwfuc8/embed/polls/3c378c47-bfdc-4461-95cf-4ebb4dcbc519</p>	Sally Smith and Shani Bhaskaran
20:27 – 20:30	<p>Closing address Gratitude</p> <ul style="list-style-type: none"> • Signpost RCGP NEL Faculty for resources • Slide of photos of hope e.g., Sunflowers in TH maybe screen shot from website • Announce the topics for tomorrow • Feedback form: https://app.sli.do/event/cjtwfuc8/embed/polls/84807f98-c6e8-4881-8c18-5405d457218e • Explain breakout rooms – Berenice <p>Slide Health Equity Hands Music link https://www.creativeenquiry.qmul.ac.uk/?page_id=1190</p>	Sally Smith and Shani Bhaskaran
20:30-20:45	<p>Optional Informal Networking</p> <ol style="list-style-type: none"> 1. Moving forward alongside pain 2. Post-traumatic recovery 3. General networking and have a chat! 	

Wednesday 24 February		
17:00-17:03	Music as people arrive This is the rainy season' Sara Forouhi Same slide Health Equity Hands for open and close Music link https://www.creativeenquiry.qmul.ac.uk/?page_id=1190	Host Liliana Risi Provost RCGP NEL Faculty
17:03 - 17:05	Welcome RCGP NEL Faculty Co-Chair Sabir Zaman and intro tribute to those who have died	RCGP NEL Faculty Co-Chair Sabir Zaman
17:05 – 17:07	RIP slide and music 'Hope there is someone' Antony and the Johnsons https://www.youtube.com/watch?v=avabPY3XgRc	YT
17:05 – 17:08	Explain evening and introduce vision Slide 'Recovery and Marmot informed care' Word cloud slides – Night 1 Collaboration, Night 2 Share	Liliana Risi Provost RCGP NEL Faculty
17:09 - 17:28 [19min]	Story of hope (slides to send) <ul style="list-style-type: none"> • Communities Driving Change (8 min): How a community is already driving change so that we start to know what recovery looks like, social/green prescribing is one component of 'health working in partnership with communities • Questions (5 min) How do we realise our hopes? How can we apply this vision in our practices? No resources how do we do this? No headspace where do we start? How link with values? • Answers (6 min) 	Jessica Walker Project Manager Communities Driving Change and Mina Chowdhury local area co-ordinator Tower Hamlets
17:28 – 17:30	Slide Caleb Femi POOR Poem 'Coping' YT https://www.youtube.com/watch?v=v0H9R_Ykf9s	Caleb Femi YT
17:31- 17:34	Vision for London speak to all or part of 'fairer environment, resilient system, strong communities, resourceful people' – especially young people	Jagan John GP Barking & Dagenham GP, NEL CCG Chair and NHSE London Lead Personalised Care Clinical
17:34 – 17:55 [21 min]	Story of hope 2 <ul style="list-style-type: none"> • Socially Accountable Medical Schools (9 min): QMUL spring day on a vision for how communities can shape the medical curriculum for a socially accountable medical school. Contribution Creative Enquiry Louise Younie, GP QMUL • Q&A (9 min) • Contribution Chad Hockey GP NWL Deep End vision medical school electives 	QMUL Anita Berlin Louise Younie Chad Hockey
17:55- 17:57	Close and Thank you RCGP NEL Faculty Co-Chair Kaindon Kugathas and intro music 'This is the rainy season' Sara Forouhi QMUL Dental Student 2019 Please do watch this film in your own time! 15min Film Time for Change. Climate Health A Spotlight and Poplar HARCA film https://www.youtube.com/watch?v=5VuEQ6A3MhY	RCGP NEL Faculty Co-Chair Kaindon Kugathas
17:57- 18:00	Same slide Health Equity for open and close Music https://www.youtube.com/watch?v=WMqDvrhToEE	YT Sara Forouhi QMUL Creative Enquiry
18:00-18:20 OPTIONAL	Networking breakout rooms Guiding questions: <ul style="list-style-type: none"> • What values drive you? What vision are you working towards? • What does collaboration with patients and colleagues look like in your everyday work? • What is going to happen on Monday morning that will be different? • How will you change the way you consult? Give some concrete examples? 	