

### Adapted MASLACH: PERSONAL ACHIEVEMENT SELF-TEST (MBI)

At baseline and after Microteams are in place

<http://www.mindgarden.com/products/mbi.htm>

Questions	Never	A few times per year	Once a month	A few times per month	Once a week	A few times per week	Every day
<b>Date:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
I accomplish many worthwhile things in this job.							
I feel full of energy.							
I am easily able to understand what my patients/clients feel.							
I look after my patients'/clients' problems very effectively.							
In my work, I handle emotional problems very calmly.							
Through my work, I feel that I have a positive influence on people.							
I am easily able to create a relaxed atmosphere with my patients/clients.							
I feel refreshed when I have been close to my patients/clients at work.							